

## 2021 CHNA Implementation Plan - Sheridan County (KS)

Wave #4 PRMC 2021 CHNA Health Needs Tactics - Year 1 of 3 (Starting 1/1/22 to 12/31/24)

	CHNA Health Areas of Need	T	"Specific Actions" to Address Community Health Need or "Reasons Why Hospital Will Not" Address Need	Identified "Lead"	Identified Partners
1	Access to Child Care (Availability)	a	Continue to encourage schools, providers, churches, etc. to offer community child care services (before and after-school programming). Investigate adding infant, toddler, and pre-school child care.	Sheridan Co Comm Foundation / Sheridan Co	PSA Cities, Schools, Economic Dev & SCHC / FQHC
	This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.	b	Launch AD campaign to recruit Child Care firms to county to serve PSA. Continue to provide support for licensure i.e.		
		c	Enhance partnerships among area businesses, County and school districts for additional child care programs.		
		d	Investigate adding autistic/special needs child care services. Potentially work with school to add to this service.		
		e	Holding child-care / daycare trainings by Public Health. Provide continuing childcare education and training to parents. Educate young families on child care community options / resources.		
		f	Visit local daycare facilities to understand delivery. Evaluate and access child care needs in the community to determine number of child care providers needed.		
		g	Explore additional support for working parents (especially single on limited budget) for child care options in order for them to continue to work.		
		h	Explore additional support for working parents (especially single) on making enough \$\$ for child care so they can continue to work or provide available resources for assistance.		
		i	Provide training opportunities (work shop) for local firms to start child care services.		
2	EMS Staffing	a	Research ambulance / paramedic training programs done by other communities. Adopt other communities successful approaches to recruit, retain and train EMS staff.	SCHC & Sheridan Co	
		b	Develop partnerships (back-up plans) with surrounding communities to 'share' EMS staff when shortages occur.		
		c	Host Community College EMS Internship program to educate young adults on Emergency & Ambulance services. Focus on safety.		

		d	Create a High School EMS Shadow Program to expose students to this career choice.		
3	Stigma of Mental Health	a	Educate community on mental health diagnosis, treatment and aftercare options. Have local providers share their insights on MH options / best practices.	SCHC / FQHC	High Plains
	This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.	b	Start a "It's OK" screening program. Encourage & increase depression screenings through primary care physicians, Health Dept, and clinics.		
		c	Expand school education in an effort to de-stigmatize mental health conditions and inform the community about the importance of behavioral health screenings, etc.		
		d	Engage a well known Guest Speaker to come to community to share on de-stigmatize mental health treatment.		
		e	Continue to build and promote community activities. Utilizing tools / resources for "owning your health".		
4	Available Hospital / Facility Space (Visiting Specialists)	a	Continue to develop Facility Master Plan. Determine facility Specialists delivery requirements. Build or remodel facilities to support local PC and visiting specialists.	SCHC / FQHC	
		b	Develop rotation with neighboring communities to 'share' specialists in an effort to manage weekly space concerns yet meet patient need.		
		c	Continue to work with local Board, key stakeholders and FQHC to create facility development plans.		
		d	Complete a Physician Manpower Assessment to determine the number of days of clinic per specialists to support covered lives.		
		e	Conduct a Space facility Allocation Study to assure proper patient flow efficiencies. Relocate Depts as necessary to expand visiting clinic space.		
5	Affordable Housing	a	Investigate grant writing to fund public / safe housing. If available, designate community lead to work to attain the necessary grant.	Sheridan Co Comm Foundation / Sheridan Co	PSA Cities, Schools, Economic Dev & SCHC / FQHC
	This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.	b	Research possible housing options from vacate buildings for affordable & safe housing. Ask County to share in development.		
		c	Improve County housing options. Recruit Builders to start housing development with TIF funding.		
		d	Create a County Housing Development Plan that would address affordable and safe housing for community residents.		
		e	Explore the area and process of building a new apartment complex for young families.		
		f	Encourage banks to offer mortgage loans to first time home buyers or aid in improving existing homes.		

6	Preventative Health & Wellness	a	Create "Owning your Health" program with 4-H clubs as leads. Continue with exercise programs that integrate healthy lifestyle and group engagement. (Utilize and prioritize Impact Sports, County and Senior Center classes)	Sheridan Co DOH / SCHC	PSA Schools
		b	Start quarterly "Community" Health Magazine and distribute to local businesses to give to community members. Promote Community Health programs via centralized website. Use both traditional and digital media to share content to all generations.		
		c	Create a Reminder Program to encourage residents to visit their providers regularly for preventative screenings.		
		d	Launch County School / Health Dept Monthly Wellness Challenge to bring people together to participate in wellness/exercise activities.		
		e	Launch and host community education events in order to promote local healthcare / self-service programs. Launch health education classes with focus on hypertension, diabetes, smoking cessation, and chronic alcohol usage.		
		f	Educate local businesses on the benefits of offering wellness programs for employees and/or community. Provide education to employers through work-site health fairs and educational programs, including various screenings.		
		g	Proactively engage consumers in taking better care of their health. Create a Wellness Measurement Program that will report heart disease / weight management scores and raise awareness. Promote Wellness Services		
7	Weekend HC Availability (Ext. Hours)	a	Explore the feasibility of expanding the clinic's after-hours care program to allow for more walk-ins. Further the discussion of Saturday hours at one or more clinics once the need is establish plausible	SCHC / FQHC	
		b	Explore whether local providers can work extended hours. Conduct further research on the market desire/need. Create a Proforma to support extended clinic hours.		
		c	Explore opportunities to recruit / contract additional providers to cover after hours clinic services. Investigate virtual care options supported by larger hospital.		
			Develop and roll out a minor illness / fast track service within FQHC.		
		d	Seek additional Federal, and State grant money to support additional clinic access.		

8	Alcohol & Drug Abuse	a	Continue to offer / create meaningful community youth activities/programs to keep youth engaged / supervised. Research prevalent issues leading to alcohol & drug abuse by adolescents. Work to establish systems to combat issues.	Sheridan Co DOH / Law Enf	SCHC / FQHC
	This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.	b	Continue to monitor PSA prescription drug abuse. Support KTRAC activities. Create alert system between physicians and pharmacies for drug abuse.		
		c	Continue to promote discarding old prescriptions at local police departments, especially opioids.		
		d	Collect & report statistics on arrests and wrecks due to distracted/impaired driving. Report community findings / make recommendations on next steps.		
		e	Continue to educate providers on the benefits of homeopathic and alternative treatment options. Encourage the use of alternative therapies to reduce prescriptions of opioids.		
		f	Support substance abuse counseling for community members. Educate the schools and local community organizations on signs of drug abuse. Create a Substance Abuse Resource list (County Website) to promote community resources.		
		g	Recruit additional drug counselors to PSA to increase access to counseling /support for alcohol & drug abusers and their families. Treat abusers as patients who have a health need rather than just addicts.		
		h	Explore starting a local advertisement / social media campaign to combat alcohol & drug abuse / educate on the ramifications.		
		i	Recruit providers to provide visiting outpatient substance abuse. Treatment programs.		
9	Nutrition Education	a	Explore the option of Market Community Health Education Activities. Promote through Facebook (other S. Media tools) and on City / Hospital webpage.	DOH / SCHC	Hoxie Food Bank / School
	This health need is not part of hospital mission of critical operations. Will partner with others as appropriate.	b	Utilize hospital Dietician to create Healthy Lifestyle and Eating classes. Sponsor a program to teach people how to shop on a budget and eat 'healthy.' Hold quarterly nutrition classes with cooking demos.		
		c	Increase access to healthy foods in schools for youth and nursing homes for seniors. Provide healthier school vending options. Collaborate w/ local schools to cook "healthy meals" (Farmers with Families)		
		d	Sponsor a program to teach people how to shop on a budget and eat 'healthy.' Have quarterly classes available at Wellness Center. Add in possible cooking demos.		

		e	Partner with Extension office to provide adult education to learn how to cook healthy / crock-pot cooking for families, singles and all sizes.		
10	Qualified PSA Workforce Recruitment	a	Develop partner relationships with area providers for collectively recruit. Identify/contact key collaborative partners to possibly share workforce & equipment.	Sheridan Co / SCHC	
		b	Conduct a formal physician manpower assessment to document providers & staff needed		
		c	Develop Welcome to Hoxie Recruiting Program. Continue / expand orientation & training programs for prospective/new providers.		
		d	Continue to encourage area providers to use tele-health options. Investigate mobile apps for virtual care.		
		e	Expand recruitment efforts to recruit skilled & engaged staff. Utilize regional recruiters to find quality specialists, as needed.		
		f	Promote and advertise surrounding area college job fairs to students / unemployed within in the county.		
		g	Launch Hospital Training Program to build skills with current staff. Build program in partnership with chambers, area colleges/schools and PSA businesses.		
		h	Host school / college student tours and shadow program. Teach Healthcare Career classes.		
		i	Offer training and development opportunities for current staff in different specialties/departments. Development "patient care" career ladders.		
		j	Maintain a culture that assures engagement. Allow flexible scheduling to ensure work / life balance.		