## Produce Prescription Program Enrollment Running February through December 2025:

## Steps through the Full Program

1. Make an appointment for your yearly well child visit with your Local Clinic in Sheridan, Decatur, Logan, or Graham County. Mauck Medical is also a participating Provider.

2. At your appointment let your Doctor know you are wanting to enroll in the Produce Prescription Program- they will then fill out paperwork and have you sign two consent forms that will allow AmberMed to verify that you qualify for this program.

3. Wait for a call from AmberMed following your medical appointment and you will be guided through the next steps.

4. Complete the Participant Survey online (paper can be supplied if necessary) and get a \$20 gift card for completion per child.

5. Your information will then be given to our Fresh Produce Provider and Support Call Companies. They will then start sending you the monthly produce boxes. For the first 6 months you will receive 2 boxes directly shipped to your home.

6. The last 6 months you will need to pick up one of the produce boxes (AmberMed will provide you this information as it will be county specific).

7. You are encouraged to attend Family Cooking Classes held in your county and led by the K-State Extension Office.

8. After 1 year you will return back to your doctor for the yearly child well visit to conclude the program.

9. Finally, complete one final participant survey and receive your \$20 gift card per child.

Have More Questions?

Call Lindsey with AmberMed who will be your support throughout this program at **785-677-4160 (ext 230)**